DofE
YOUTH WITHOUT LIMITS
A PARENT AND CARER'S GUIDE TO THE DofE AWARD

What is the DofE?

The DofE is a life-changing adventure for young people aged 14-24

It helps young people develop skills for their future life and work

Introducing the DofE

YOUTH WITHOUT LIMITS

What is involved?

Volunteering section

Helping others and making a difference to the causes they care about

Physical section

Improving their health and fitness and having fun along the way!

Skills section

Developing existing skills or discovering new things to love

Expedition

Spending time in the great outdoors and creating lifelong memories This will take place during Term 4 – May/June 2024.

Parent’s and carer’s role:

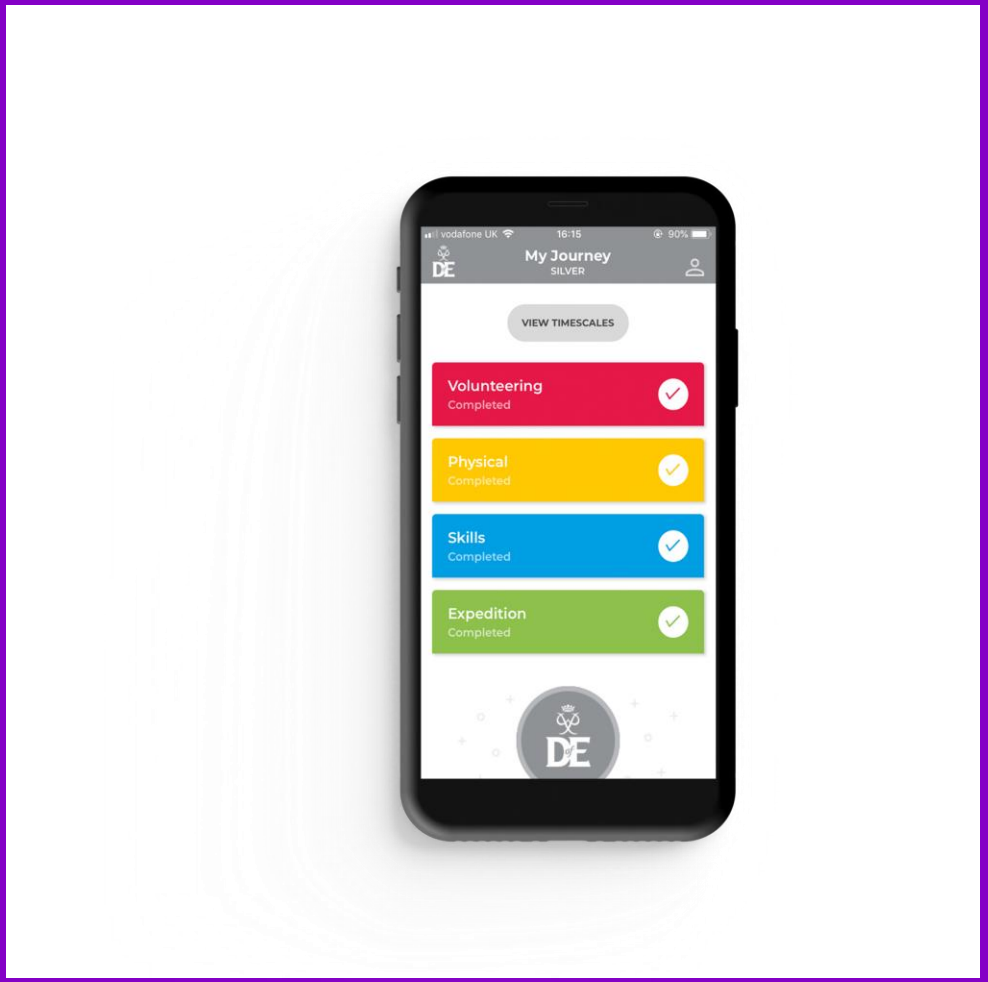
Guidance

Encouragement

Practical support

Recognising achievement

Your Welcome Pack and eDofE registration cost £25.50.
Help can be provided with this fee.



Getting started

Are you ready to support your child/young person to start an adventure they'll never forget?

To get started speak to:
2LT Gary Flett – Army Cadets
Linked Detachment Officer

DofE Group meet every Monday
3.30 – 5.00pm
Moffat Academy
PE Classroom

The DofE is a charity.
Visit DofE.org for more information.

DofE - Register Your Interest